



Donation Eligibility

Some health conditions, medications, and travel may temporarily or permanently prevent people from donating blood. All donors must be in good health, at least 17 years old, and weigh at least 110 pounds to donate blood. If you have questions, contact the nurse manager at 512-206-1108 or donorsuitability@tcms.com.

Are you feeling well and healthy today?

Refer to Medications section below to answer donor questions about antibiotics.

Donor must be in good health on day of donation.

Medical Conditions

| | |
|---|-----------------------------------|
| AIDS / HIV Infection or exposure risk factors. (More information on our website.) | Cannot donate |
| Cancer: | |
| Leukemia or any hematological malignancy | Cannot donate |
| Melanoma | Cannot donate |
| Basal Cell | Acceptable day after removed |
| Squamous Cell | Acceptable one week after removed |
| Other cancers , cured, <u>more than 5 years</u> since diagnosis and end of treatment | Acceptable |
| Chagas' disease and babesiosis | Cannot donate |
| Cold or flu symptoms (must be feeling well and healthy) | 24-hour wait |
| Family history of Creutzfeldt-Jakob Disease (CJD) or fatal neurological disease | Cannot donate |
| Heart attack | 12-month wait |
| Hematocrit is too low (iron level) | 1-day wait |
| Hepatitis or yellow jaundice at age 11 or older | Cannot donate |
| Hepatitis exposure or hepatitis B immune globulin shot | 12-month wait |
| Pregnancy | 6-week wait |
| Syphilis or gonorrhea | 12-month wait |
| West Nile Virus , no longer symptomatic | 120-day wait |

Medical Procedures

| | |
|--|---------------|
| Received a blood transfusion, skin graft or tissue transplant . Tissue transplant includes: bone, stem cell or bone marrow, veins, or heart valves | 12-month wait |
| Ever received a cornea transplant | Cannot donate |
| Received dura mater graft (brain covering graft) | Cannot donate |
| Heart surgery due to heart attack | 12-month wait |
| Received human growth hormone prior to 1985 | Cannot donate |
| Have a pacemaker or implanted defibrillator | Cannot donate |

(See other side)

03/20/07

Medications

| | |
|--|---|
| Accutane (Amnesteem, Claravis, Sotret) | 1-month wait after completion |
| Acitretin (Soriatane) | 3-year wait after completion |
| Antibiotics for an infection | Day after completion with no signs or symptoms |
| Aspirin or any aspirin-containing product | Apheresis Platelets: 48-hours, Whole Blood: No wait |
| Avodart (Dutasteride) | 6-month wait after completion |
| Beef insulin | Call nurse manager at 206-1108 |
| Coumadin (Warfarin) | 2-weeks after completion |
| Etrefnate (Tegison) | Cannot donate |
| Plavix | Apheresis Platelets: 2 weeks, Whole Blood: No wait |
| Proscar (Finasteride), Propecia | 1-month wait after completion |

Travel

| | |
|--|---------------|
| Travel to Iraq | 12-month wait |
| Travel to a Malaria area | 12-month wait |
| Immigrating from a Malaria area (moving to US) | 3-year wait |
| Cumulative of 3 months or more has been spent in the United Kingdom from 1980 to 1996. United Kingdom (UK) is defined as England, Scotland, Wales, Northern Ireland, Isle of Man, Channel Islands, Gibraltar, and the Falkland Islands. The Republic of Ireland is not included in the definition of the UK but is included in the definition of Europe. | Cannot donate |
| Received a transfusion of blood, platelets, plasma, cryoprecipitate, or granulocytes in the United Kingdom since 1980 | Cannot donate |
| Cumulative of 5 years or more in Europe (including time spent in the UK from 1980 to 1996) | Cannot donate |
| Were a member of the US Military, a civilian military employee, or a dependent of a member of the US Military from 1980 to 1996 and spent a cumulative of 6 months or more associated with a military base in any of the following countries: Belgium, The Netherlands or Germany (1980 to 1990); Spain, Portugal, Turkey, Italy or Greece (1980 to 1996). | Cannot donate |

Vaccinations

| | |
|-----------------------------|--------------------------------|
| Flu shots | Acceptable |
| Smallpox vaccination | 8-week wait |
| Other vaccines | Call nurse manager at 206-1108 |
| Unlicensed vaccines | 1-year wait |

Other

| | |
|--|---------------|
| Ear/Body piercing: performed under sterile conditions, in a licensed Texas tattoo facility, with a single use device (must be healed, no sign of infection) | Acceptable |
| Ear/Body piercing: NOT performed under sterile conditions, done in prison, at home, by a friend, or in another state or country | 12-month wait |
| Jailed for 3 or more consecutive days | 12-month wait |
| Tattoo: applied in a licensed Texas tattoo facility with use of sterile needles and ink (must be healed, no sign of infection) | Acceptable |
| Tattoo: applied in prison, at home or by a friend, or in another state or country | 12-month wait |